

# There's an App for that – Guard Your Heart

Weekend Discussion Questions

August 14-15, 2010

## Community:

1. If you could create an app to help in any situation, what would it be and how would the app work?
2. How has memorizing verses from this series thus far impacted you?

## Core:

Read Proverbs 4:23

1. What does the author mean by referring to the heart as the “wellspring of life?”
2. How would it change our life on a daily basis if all our issues were addressed at the source rather than downstream?

Read Jeremiah 17:9

3. How does this verse mesh with Proverbs 4:23?
4. Can you think of things where the outcome would have been different if you had been “leading” your heart, rather than “following” your heart?

Read Mark 7:20-21 and Ezekiel 36:25-27

5. Has there been a specific issue you've tried to resolve by addressing the symptoms, rather than the source? How did that work?
6. If addressing symptoms doesn't work, what is the way to a “clean” heart?
7. Who has the greatest access to your heart?
8. What things have the greatest influence on your heart?
9. Are those people and things helping to lead your heart in the right direction?

## Challenge:

1. Memorize Proverbs 4:23
2. Participate in the food drive this week! ([flatironschurch.com/fooddrive](http://flatironschurch.com/fooddrive))



**flatirons**  
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Weekend Services | Sat 5:00 & 6:30pm | Sun 9:00, 10:30 & 11:55am, 6:30pm